

Programmanr. 1  
4-2-2024 - 14:00

Heren, 100m vrije slag

F t/m H  
Resultaten

NCS Bondsrecord 52.39 Rik Hofland 30-6-2019

| Rang     |                       |               |  |                                  | Tijd           |
|----------|-----------------------|---------------|--|----------------------------------|----------------|
| <b>F</b> |                       |               |  |                                  |                |
| 1.       | Bart de Waard         |               |  | 043280 WV Almere                 | <b>55.18</b>   |
|          | 50m: 26.14            | 100m: 55.18   |  |                                  |                |
| 2.       | Yorn Maassen          |               |  | 053392 WV Born                   | <b>56.42</b>   |
|          | 50m: 26.75            | 100m: 56.42   |  |                                  |                |
| 3.       | Nikola Djapic         |               |  | 043488 Pijnackerse Watervrienden | <b>59.56</b>   |
|          | 50m: 28.44            | 100m: 59.56   |  |                                  |                |
| 4.       | Valentino Schuurman   |               |  | 033447 WV Almere                 | <b>59.74</b>   |
|          | 50m: 28.30            | 100m: 59.74   |  |                                  |                |
| 5.       | Cas Baltés            |               |  | 043667 Apeldoornse WV            | <b>1:00.57</b> |
|          | 50m: 29.19            | 100m: 1:00.57 |  |                                  |                |
| <b>G</b> |                       |               |  |                                  |                |
| 1.       | Maik Bouwer           |               |  | 022881 Pijnackerse Watervrienden | <b>57.67</b>   |
|          | 50m: 27.70            | 100m: 57.67   |  |                                  |                |
| 2.       | Remco Naudin ten Cate |               |  | 012355 Apeldoornse WV            | <b>58.71</b>   |
|          | 50m: 27.84            | 100m: 58.71   |  |                                  |                |
| 3.       | Rick Ermens           |               |  | 012900 Helmondse Watervrienden   | <b>1:01.82</b> |
|          | 50m: 28.64            | 100m: 1:01.82 |  |                                  |                |
| <b>H</b> |                       |               |  |                                  |                |
| 1.       | Rik Hofland           |               |  | 972694 Watervrienden IJmuiden    | <b>53.91</b>   |
|          | 50m: 25.80            | 100m: 53.91   |  |                                  |                |
| 2.       | Roel Rademaker        |               |  | 941384 WV Almere                 | <b>55.72</b>   |
|          | 50m: 26.39            | 100m: 55.72   |  |                                  |                |
| 3.       | Jorn Blom             |               |  | 981442 WV Lisse                  | <b>57.81</b>   |
|          | 50m: 27.83            | 100m: 57.81   |  |                                  |                |
| 4.       | Jan Vriens            |               |  | 880400 Helmondse Watervrienden   | <b>58.06</b>   |
|          | 50m: 27.25            | 100m: 58.06   |  |                                  |                |
| 5.       | Nicky Janse           |               |  | 992610 Helmondse Watervrienden   | <b>59.93</b>   |
|          | 50m: 28.41            | 100m: 59.93   |  |                                  |                |
| 6.       | Nazar Bachynskyy      |               |  | 992284 Eindhovense WV            | <b>1:04.48</b> |
|          | 50m: 30.77            | 100m: 1:04.48 |  |                                  |                |

Programmanr. 2  
4-2-2024 - 14:04

Dames, 200m vrije slag

F t/m H  
Resultaten

NCS Bondsrecord 2:06.30 Pauline Gouwens 8-3-2009

| Rang     |                     |               |               |               |                         |  | Tijd           |
|----------|---------------------|---------------|---------------|---------------|-------------------------|--|----------------|
| <b>F</b> |                     |               |               |               |                         |  |                |
| 1.       | Jennifer Veldhuisen |               |               | 053088        | WV Almere               |  | <b>2:18.40</b> |
|          | 50m: 31.88          | 100m: 1:06.37 | 150m: 1:38.72 | 200m: 2:18.40 |                         |  |                |
| 2.       | Sydney Celie        |               |               | 042689        | WV Almere               |  | <b>2:21.64</b> |
|          | 50m: 32.76          | 100m: 1:08.86 | 200m: 2:21.64 |               |                         |  |                |
| <b>G</b> |                     |               |               |               |                         |  |                |
| 1.       | Lara van Cuijk      |               |               | 022899        | Helmondse Watervrienden |  | <b>2:23.88</b> |
|          | 50m: 32.20          | 100m: 1:07.88 | 150m: 1:45.51 | 200m: 2:23.88 |                         |  |                |
| 2.       | Denise Veldhuisen   |               |               | 002838        | WV Almere               |  | <b>2:25.12</b> |
|          | 50m: 31.70          | 100m: 1:07.71 | 150m: 1:46.38 | 200m: 2:25.12 |                         |  |                |
| 3.       | Naomi Veldhuisen    |               |               | 012837        | WV Almere               |  | <b>2:27.10</b> |
|          | 50m: 33.37          | 100m: 1:10.47 | 200m: 2:27.10 |               |                         |  |                |
| <b>H</b> |                     |               |               |               |                         |  |                |
| 1.       | Michelle van Dijk   |               |               | 982239        | Helmondse Watervrienden |  | <b>2:18.16</b> |
|          | 50m: 31.85          | 100m: 1:06.47 | 150m: 1:42.41 | 200m: 2:18.16 |                         |  |                |
| 2.       | Angela Cozijn       |               |               | 981989        | WV Lisse                |  | <b>2:46.97</b> |
|          | 50m: 36.73          | 100m: 1:18.35 | 150m: 2:02.89 | 200m: 2:46.97 |                         |  |                |

Programmanr. 3  
4-2-2024 - 14:07

Jongens, 100m schoolslag

E  
Resultaten

NCS Bondsrecord 1:07.60 Lars van Wingerden 17-4-2022

| Rang |                   |               |  |        |                           |  | Tijd           |
|------|-------------------|---------------|--|--------|---------------------------|--|----------------|
| 1.   | Luuk Hommen       |               |  | 073817 | WV Almere                 |  | <b>1:15.45</b> |
|      | 50m: 35.52        | 100m: 1:15.45 |  |        |                           |  |                |
| 2.   | Michael Kroese    |               |  | 073816 | WV Almere                 |  | <b>1:20.43</b> |
|      | 50m: 38.23        | 100m: 1:20.43 |  |        |                           |  |                |
| 3.   | Qaseem Moge       |               |  | 074502 | Helmondse Watervrienden   |  | <b>1:22.33</b> |
|      | 50m: 38.81        | 100m: 1:22.33 |  |        |                           |  |                |
| 4.   | Milan Dekkers     |               |  | 073779 | WV Born                   |  | <b>1:22.36</b> |
|      | 50m: 38.20        | 100m: 1:22.36 |  |        |                           |  |                |
| 5.   | Ronin Broekhuijse |               |  | 074321 | Eindhovense WV            |  | <b>1:26.41</b> |
|      | 50m: 39.45        | 100m: 1:26.41 |  |        |                           |  |                |
| 6.   | Damian Bas        |               |  | 063513 | WV Born                   |  | <b>1:26.51</b> |
| 7.   | Marijn Tool       |               |  | 064033 | Pijnackerse Watervrienden |  | <b>1:28.07</b> |
|      | 50m: 40.63        | 100m: 1:28.07 |  |        |                           |  |                |
| 8.   | Robbert Kalkman   |               |  | 064593 | Pijnackerse Watervrienden |  | <b>1:33.66</b> |
|      | 50m: 41.83        | 100m: 1:33.66 |  |        |                           |  |                |

Programmanr. 4  
4-2-2024 - 14:10

Meisjes, 200m schoolslag

E  
Resultaten

NCS Bondsrecord 2:42.60 Nomi Olivier 13-3-2016

| Rang |                  |       |       |         |        |                           | Tijd           |
|------|------------------|-------|-------|---------|--------|---------------------------|----------------|
| 1.   | Maud van Zwiene  |       |       |         | 074253 | Tilburgse WV              | <b>2:49.59</b> |
|      | 50m:             | 37.50 | 100m: | 1:20.49 | 150m:  | 2:05.04                   | 200m: 2:49.59  |
| 2.   | Nomi Olivier     |       |       |         | 074006 | WV Almere                 | <b>2:54.76</b> |
|      | 50m:             | 38.65 | 100m: | 1:23.00 | 150m:  | 2:09.24                   | 200m: 2:54.76  |
| 3.   | Manon Bouwer     |       |       |         | 063544 | Pijnackerse Watervrienden | <b>3:07.93</b> |
|      | 50m:             | 40.20 | 100m: | 1:27.16 | 150m:  | 2:17.41                   | 200m: 3:07.93  |
| 4.   | Juno Steinbusch  |       |       |         | 073785 | WV Born                   | <b>3:14.42</b> |
|      | 50m:             | 41.77 | 100m: | 1:29.81 | 200m:  | 3:14.42                   |                |
| 5.   | Bieke Langen     |       |       |         | 063521 | WV Born                   | <b>3:17.04</b> |
|      | 50m:             | 42.32 | 100m: | 1:31.82 | 150m:  | 2:23.76                   | 200m: 3:17.04  |
| 6.   | Anna van Arkel   |       |       |         | 074204 | WV Almere                 | <b>3:18.49</b> |
|      | 50m:             | 45.18 | 100m: | 1:35.83 | 150m:  | 2:27.70                   | 200m: 3:18.49  |
| 7.   | Esmee Drenth     |       |       |         | 073928 | Apeldoornse WV            | <b>3:19.69</b> |
|      | 50m:             | 43.46 | 100m: | 1:33.56 | 200m:  | 3:19.69                   |                |
| 8.   | Famke Toele      |       |       |         | 064117 | WV Hoofddorp              | <b>3:22.59</b> |
|      | 50m:             | 43.40 | 100m: | 1:34.32 | 200m:  | 3:22.59                   |                |
| 9.   | Annemarie Tool   |       |       |         | 074285 | Pijnackerse Watervrienden | <b>3:37.48</b> |
|      | 50m:             | 48.11 | 100m: | 1:43.63 | 150m:  | 2:42.01                   | 200m: 3:37.48  |
| 10.  | Nina Spit        |       |       |         | 074315 | Haagse Watervrienden      | <b>3:39.84</b> |
|      | 50m:             | 47.81 | 100m: | 1:44.03 | 200m:  | 3:39.84                   |                |
| 11.  | Lynn van der Loo |       |       |         | 064180 | Apeldoornse WV            | <b>3:43.60</b> |
|      | 50m:             | 48.90 | 100m: | 1:46.08 | 150m:  | 2:45.23                   | 200m: 3:43.60  |

Programmanr. 5  
4-2-2024 - 14:18

Jongens, 200m rugslag

D  
Resultaten

NCS Bondsrecord 2:19.80 Bart de Waard 9-2-2020

| Rang |                    |       |       |         |        |                           | Tijd           |
|------|--------------------|-------|-------|---------|--------|---------------------------|----------------|
| 1.   | Milan Peters       |       |       |         | 094228 | Helmondse Watervrienden   | <b>2:48.01</b> |
|      | 50m:               | 38.08 | 100m: | 1:21.89 | 150m:  | 2:07.98                   | 200m: 2:48.01  |
| 2.   | Jasper Diepenbroek |       |       |         | 094676 | Helmondse Watervrienden   | <b>3:03.91</b> |
|      | 50m:               | 43.10 | 100m: | 1:30.54 | 150m:  | 2:17.59                   | 200m: 3:03.91  |
| 3.   | Niels Oldriks      |       |       |         | 094544 | Pijnackerse Watervrienden | <b>3:17.87</b> |
|      | 50m:               | 45.00 | 100m: | 1:32.95 | 150m:  | 2:23.59                   | 200m: 3:17.87  |

Programmanr. 6  
4-2-2024 - 14:23

Meisjes, 100m rugslag

D  
Resultaten

NCS Bondsrecord 1:08.04 Nomi Olivier 12-2-2023

| Rang |                           |               |  |                                  | Tijd           |
|------|---------------------------|---------------|--|----------------------------------|----------------|
| 1.   | Daniela Malipiero         |               |  | 094507 WV Almere                 | <b>1:16.18</b> |
|      | 50m: 36.94                | 100m: 1:16.18 |  |                                  |                |
| 2.   | Tess de Waard             |               |  | 094258 Watervrienden IJmuiden    | <b>1:16.67</b> |
|      | 50m: 37.08                | 100m: 1:16.67 |  |                                  |                |
| 3.   | Fleur de Vette            |               |  | 084088 Pijnackerse Watervrienden | <b>1:17.97</b> |
|      | 50m: 38.20                | 100m: 1:17.97 |  |                                  |                |
| 4.   | Elise Hofhuis             |               |  | 084421 WV Almere                 | <b>1:21.07</b> |
|      | 50m: 38.97                | 100m: 1:21.07 |  |                                  |                |
| 5.   | Isabelle van Wuijtswinkel |               |  | 083977 Haagse Watervrienden      | <b>1:21.32</b> |
|      | 50m: 39.97                | 100m: 1:21.32 |  |                                  |                |
| 6.   | Isabel Poesiat            |               |  | 094712 Pijnackerse Watervrienden | <b>1:23.36</b> |
|      | 50m: 40.02                | 100m: 1:23.36 |  |                                  |                |
| 7.   | Lotte Brouwer             |               |  | 084318 WV Lisse                  | <b>1:24.14</b> |
|      | 50m: 39.60                | 100m: 1:24.14 |  |                                  |                |
| 8.   | Isabel Marcus             |               |  | 084508 WV Almere                 | <b>1:25.63</b> |
|      | 50m: 41.88                | 100m: 1:25.63 |  |                                  |                |
| 9.   | Loena Stassen             |               |  | 084202 WV Born                   | <b>1:27.01</b> |
|      | 50m: 41.70                | 100m: 1:27.01 |  |                                  |                |
| 10.  | Amy Rodenburg             |               |  | 094417 WV Almere                 | <b>1:27.90</b> |
|      | 50m: 42.03                | 100m: 1:27.90 |  |                                  |                |
| 11.  | Anne Hofhuis              |               |  | 094418 WV Almere                 | <b>1:29.45</b> |
|      | 50m: 43.35                | 100m: 1:29.45 |  |                                  |                |
| 12.  | Esmée de Ruijter          |               |  | 094317 WV Lisse                  | <b>1:34.36</b> |
|      | 50m: 44.45                | 100m: 1:34.36 |  |                                  |                |
| 13.  | Myrte Steggink            |               |  | 084294 WV Hoofddorp              | <b>1:36.49</b> |
|      | 50m: 46.67                | 100m: 1:36.49 |  |                                  |                |

Programmanr. 7  
4-2-2024 - 14:37

Heren, 200m schoolslag

F t/m H  
Resultaten

NCS Bondsrecord 2:26.60 Emile Manni 10-3-2013

| Rang |                     |               |               |                       |  |  | Tijd           |
|------|---------------------|---------------|---------------|-----------------------|--|--|----------------|
| F    |                     |               |               |                       |  |  |                |
| 1.   | Valentino Schuurman |               |               | 033447 WV Almere      |  |  | <b>2:28.31</b> |
|      | 50m: 32.18          | 100m: 1:08.95 | 150m: 1:47.90 | 200m: 2:28.31         |  |  |                |
| 2.   | Lars van Wingerden  |               |               | 042820 WV Almere      |  |  | <b>2:29.79</b> |
|      | 50m: 33.08          | 100m: 1:10.46 | 150m: 1:49.87 | 200m: 2:29.79         |  |  |                |
| 3.   | Jeroen Langenveld   |               |               | 053514 WV Born        |  |  | <b>2:55.93</b> |
|      | 50m: 39.00          | 100m: 1:23.43 | 200m: 2:55.93 |                       |  |  |                |
| 4.   | Cas Baltes          |               |               | 043667 Apeldoornse WV |  |  | <b>3:03.58</b> |
|      | 50m: 40.77          | 100m: 1:26.65 | 150m: 2:14.51 | 200m: 3:03.58         |  |  |                |

Programmanr. 7, Heren, 200m schoolslag

G

|    |              |               |                         |                |
|----|--------------|---------------|-------------------------|----------------|
| 1. | Xander Janse | 012611        | Helmondse Watervrienden | <b>2:46.08</b> |
|    | 50m: 34.86   | 100m: 1:15.45 | 150m: 2:00.12           | 200m: 2:46.08  |

H

|    |                 |               |                         |                |
|----|-----------------|---------------|-------------------------|----------------|
| 1. | Danny Koumans   | 991978        | WV Born                 | <b>2:45.89</b> |
|    | 50m: 35.39      | 100m: 1:16.58 | 200m: 2:45.89           |                |
| 2. | Richard Doensen | 951111        | Helmondse Watervrienden | <b>2:51.24</b> |
|    | 50m: 36.76      | 100m: 1:20.01 | 200m: 2:51.24           |                |
| 3. | Jeroen Doensen  | 920753        | Helmondse Watervrienden | <b>2:54.61</b> |
|    | 50m: 39.50      | 100m: 1:24.08 | 200m: 2:54.61           |                |

Programmanr. 8  
4-2-2024 - 14:41

Dames, 100m schoolslag

F t/m H  
Resultaten

|                 |         |                   |           |
|-----------------|---------|-------------------|-----------|
| NCS Bondsrecord | 1:13.80 | Naomi Schotvanger | 20-3-2016 |
|-----------------|---------|-------------------|-----------|

| Rang |                       |               |                         | Tijd           |
|------|-----------------------|---------------|-------------------------|----------------|
| F    |                       |               |                         |                |
| 1.   | Pien de Haan          | 052839        | WV Almere               | <b>1:19.41</b> |
|      | 50m: 37.16            | 100m: 1:19.41 |                         |                |
| 2.   | Sydney Celie          | 042689        | WV Almere               | <b>1:22.06</b> |
|      | 50m: 38.79            | 100m: 1:22.06 |                         |                |
| 3.   | Jennifer Veldhuisen   | 053088        | WV Almere               | <b>1:24.67</b> |
|      | 50m: 40.43            | 100m: 1:24.67 |                         |                |
| 4.   | Miruna Delfgou        | 052961        | Eindhovense WV          | <b>1:28.34</b> |
|      | 50m: 40.88            | 100m: 1:28.34 |                         |                |
| 5.   | Britt ter Horst       | 034946        | Haagse Watervrienden    | <b>1:28.78</b> |
|      | 50m: 40.34            | 100m: 1:28.78 |                         |                |
| 6.   | Vianne van der Heijde | 043143        | Helmondse Watervrienden | <b>1:37.12</b> |
|      | 50m: 44.77            | 100m: 1:37.12 |                         |                |

G

|    |                   |               |                         |                |
|----|-------------------|---------------|-------------------------|----------------|
| 1. | Lysanne Thielen   | 022616        | Helmondse Watervrienden | <b>1:24.23</b> |
|    | 50m: 39.16        | 100m: 1:24.23 |                         |                |
| 2. | Loes Kolenberg    | 012615        | WV Almere               | <b>1:24.64</b> |
|    | 50m: 39.29        | 100m: 1:24.64 |                         |                |
| 3. | Denise Veldhuisen | 002838        | WV Almere               | <b>1:28.06</b> |
|    | 50m: 40.39        | 100m: 1:28.06 |                         |                |
| 4. | Mandy Boetzkes    | 023132        | Helmondse Watervrienden | <b>1:29.44</b> |
|    | 50m: 40.86        | 100m: 1:29.44 |                         |                |

H

|    |                     |               |                |                |
|----|---------------------|---------------|----------------|----------------|
| 1. | Judith van Kemenade | 910571        | Eindhovense WV | <b>1:32.18</b> |
|    | 50m: 42.78          | 100m: 1:32.18 |                |                |
| 2. | Angelique Husson    | 972061        | Tilburgse WV   | <b>1:32.58</b> |
|    | 50m: 43.72          | 100m: 1:32.58 |                |                |

Programmanr. 9  
4-2-2024 - 14:46

Jongens, 100m vlinderslag

E  
Resultaten

NCS Bondsrecord 59.55 Mike Tjepkema 12-2-2023

| Rang |                        |               |                        |  | Tijd           |
|------|------------------------|---------------|------------------------|--|----------------|
| 1.   | Mike Tjepkema          | 063930        | Watervrienden IJmuiden |  | <b>58.95</b>   |
|      | <i>NCS Bondsrecord</i> |               |                        |  |                |
|      | 50m: 26.76             | 100m: 58.95   |                        |  |                |
| 2.   | Luuk Hommen            | 073817        | WV Almere              |  | <b>1:05.42</b> |
|      | 50m: 30.07             | 100m: 1:05.42 |                        |  |                |
| 3.   | Micha Lindenaar        | 063999        | WV Almere              |  | <b>1:07.81</b> |
|      | 50m: 30.71             | 100m: 1:07.81 |                        |  |                |
| 4.   | Michael Kroese         | 073816        | WV Almere              |  | <b>1:17.26</b> |
|      | 50m: 50.35             | 100m: 1:17.26 |                        |  |                |
| 5.   | Milan Dekkers          | 073779        | WV Born                |  | <b>1:19.16</b> |
|      | 50m: 36.19             | 100m: 1:19.16 |                        |  |                |
| 6.   | Ronin Broekhuijse      | 074321        | Eindhovense WV         |  | <b>1:26.15</b> |
|      | 50m: 36.93             | 100m: 1:26.15 |                        |  |                |
| 7.   | Damian Bas             | 063513        | WV Born                |  | <b>1:29.63</b> |
|      | 50m: 37.95             | 100m: 1:29.63 |                        |  |                |

Programmanr. 10  
4-2-2024 - 14:48

Meisjes, 200m vlinderslag

E  
Resultaten

NCS Bondsrecord 2:36.50 Nomi Olivier 10-4-2022

| Rang |                 |               |                           |               |  |  | Tijd           |
|------|-----------------|---------------|---------------------------|---------------|--|--|----------------|
| 1.   | Nomi Olivier    | 074006        | WV Almere                 |               |  |  | <b>2:38.15</b> |
|      | 50m: 33.24      | 100m: 1:13.61 | 150m: 1:56.82             | 200m: 2:38.15 |  |  |                |
| 2.   | Evy Knops       | 073782        | WV Born                   |               |  |  | <b>2:53.22</b> |
|      | 50m: 36.04      | 100m: 1:19.48 | 150m: 2:06.45             | 200m: 2:53.22 |  |  |                |
| 3.   | Lara ten Broeke | 074665        | Pijnackerse Watervrienden |               |  |  | <b>3:38.99</b> |
|      | 50m: 45.31      | 100m: 1:40.87 | 150m: 2:40.25             | 200m: 3:38.99 |  |  |                |
| 4.   | Annemarie Tool  | 074285        | Pijnackerse Watervrienden |               |  |  | <b>3:56.69</b> |
|      | 50m: 49.61      | 100m: 1:50.59 | 200m: 3:56.69             |               |  |  |                |

Programmanr. 11  
4-2-2024 - 14:53

Jongens, 100m wisselslag

D  
Resultaten

NCS Bondsrecord 1:04.10 Lars van Wingerden 18-1-2020

| Rang |                   |        |                           |  | Tijd           |
|------|-------------------|--------|---------------------------|--|----------------|
| 1.   | Tuur Strijkers    | 084468 | WV Born                   |  | <b>1:09.98</b> |
| 2.   | Niels Woudenberg  | 094094 | Helmondse Watervrienden   |  | <b>1:10.77</b> |
| 3.   | Ario Mirza        | 083916 | WV Almere                 |  | <b>1:10.79</b> |
| 4.   | Bart Keijzer      | 083962 | Pijnackerse Watervrienden |  | <b>1:12.45</b> |
| 5.   | Donnie Cevat      | 094104 | WV Almere                 |  | <b>1:12.80</b> |
| 6.   | Bruno Wuisman     | 084410 | Eindhovense WV            |  | <b>1:15.82</b> |
| 7.   | Milan Peters      | 094228 | Helmondse Watervrienden   |  | <b>1:16.57</b> |
| 8.   | Stijn Krol        | 084653 | Apeldoornse WV            |  | <b>1:16.66</b> |
| 9.   | Ruben Shrestha    | 083974 | Eindhovense WV            |  | <b>1:18.01</b> |
| 10.  | Mateusz Studencki | 094603 | Tilburgse WV              |  | <b>1:18.56</b> |

Programmanr. 11, Jongens, 100m wisselslag, D

| Rang |                 |        |                           | Tijd           |
|------|-----------------|--------|---------------------------|----------------|
| 11.  | Timo Zwakenberg | 094691 | watervrienden Haarlem     | <b>1:19.08</b> |
| 12.  | Dylano van Rijn | 094346 | Eindhovense WV            | <b>1:19.65</b> |
| 13.  | Jens Kessens    | 084474 | watervrienden Haarlem     | <b>1:21.55</b> |
| 14.  | Tristan Jansen  | 083733 | Apeldoornse WV            | <b>1:22.82</b> |
| 15.  | Niels Oldriks   | 094544 | Pijnackerse Watervrienden | <b>1:23.14</b> |
| 16.  | Andrei Delfgou  | 084056 | Eindhovense WV            | <b>1:23.77</b> |

Programmanr. 12  
4-2-2024 - 14:57

Meisjes, 200m wisselslag

D  
Resultaten

NCS Bondsrecord 2:30.24 Nomi Olivier 12-2-2023

| Rang |                           |               |                           |               | Tijd           |
|------|---------------------------|---------------|---------------------------|---------------|----------------|
| 1.   | Fleur de Vette            | 084088        | Pijnackerse Watervrienden |               | <b>2:48.31</b> |
|      | 50m: 36.42                | 100m: 1:18.73 | 150m: 2:10.50             | 200m: 2:48.31 |                |
| 2.   | Daniela Malipiero         | 094507        | WV Almere                 |               | <b>2:53.16</b> |
|      | 50m: 36.67                | 100m: 1:19.50 | 150m: 2:12.36             | 200m: 2:53.16 |                |
| 3.   | Tess de Waard             | 094258        | Watervrienden IJmuiden    |               | <b>2:56.58</b> |
|      | 50m: 40.28                | 100m: 1:23.24 | 200m: 2:56.58             |               |                |
| 4.   | Isabel Marcus             | 084508        | WV Almere                 |               | <b>3:00.98</b> |
|      | 50m: 41.36                | 200m: 3:00.98 |                           |               |                |
| 5.   | Isabel Poesiat            | 094712        | Pijnackerse Watervrienden |               | <b>3:05.61</b> |
|      | 50m: 37.58                | 200m: 3:05.61 |                           |               |                |
| 6.   | Isabelle van Wuijtswinkel | 083977        | Haagse Watervrienden      |               | <b>3:08.18</b> |
|      | 50m: 38.52                | 200m: 3:08.18 |                           |               |                |
| 7.   | Loena Stassen             | 084202        | WV Born                   |               | <b>3:10.38</b> |
|      | 50m: 41.19                | 200m: 3:10.38 |                           |               |                |
| 8.   | Floor Emaus               | 094201        | WV Born                   |               | <b>3:11.82</b> |
|      | 50m: 40.32                | 100m: 1:28.83 | 150m: 2:26.81             | 200m: 3:11.82 |                |
| 9.   | Iris Verschuren           | 094723        | Helmondse Watervrienden   |               | <b>3:14.29</b> |
|      | 50m: 45.05                | 100m: 1:33.95 | 150m: 2:30.87             | 200m: 3:14.29 |                |
| 10.  | Myrte Steggink            | 084294        | WV Hoofddorp              |               | <b>3:16.71</b> |
|      | 50m: 42.72                | 100m: 1:33.93 | 150m: 2:30.32             | 200m: 3:16.71 |                |
| 11.  | Anne Hofhuis              | 094418        | WV Almere                 |               | <b>3:17.48</b> |
|      | 50m: 49.23                | 200m: 3:17.48 |                           |               |                |
| 12.  | Maura van Kooten          | 083737        | Apeldoornse WV            |               | <b>3:21.12</b> |
|      | 50m: 44.12                | 200m: 3:21.12 |                           |               |                |
| 13.  | Aoife McMahon             | 094276        | Pijnackerse Watervrienden |               | <b>3:23.00</b> |
|      | 50m: 45.62                | 100m: 1:38.19 | 200m: 3:23.00             |               |                |

Programmanr. 13  
4-2-2024 - 15:21

Heren, 100m rugslag

F t/m H  
Resultaten

NCS Bondsrecord 1:00.30 Emile Manni 16-3-2014

| Rang     |                       |        |                           |  |  | Tijd           |
|----------|-----------------------|--------|---------------------------|--|--|----------------|
| <b>F</b> |                       |        |                           |  |  |                |
| 1.       | Bart de Waard         | 043280 | WV Almere                 |  |  | <b>1:02.43</b> |
|          | 50m: 30.34            | 100m:  | 1:02.43                   |  |  |                |
| 2.       | Valentino Schuurman   | 033447 | WV Almere                 |  |  | <b>1:06.88</b> |
|          | 50m: 32.33            | 100m:  | 1:06.88                   |  |  |                |
| 3.       | Yorn Maassen          | 053392 | WV Born                   |  |  | <b>1:07.68</b> |
|          | 50m: 32.34            | 100m:  | 1:07.68                   |  |  |                |
| 4.       | Cas Baltés            | 043667 | Apeldoornse WV            |  |  | <b>1:09.95</b> |
|          | 50m: 34.02            | 100m:  | 1:09.95                   |  |  |                |
| 5.       | Nikola Djapic         | 043488 | Pijnackerse Watervrienden |  |  | <b>1:14.92</b> |
|          | 50m: 36.26            | 100m:  | 1:14.92                   |  |  |                |
| <b>G</b> |                       |        |                           |  |  |                |
| 1.       | Maik Bouwer           | 022881 | Pijnackerse Watervrienden |  |  | <b>1:04.89</b> |
|          | 50m: 31.39            | 100m:  | 1:04.89                   |  |  |                |
| 2.       | Remco Naudin ten Cate | 012355 | Apeldoornse WV            |  |  | <b>1:05.87</b> |
|          | 50m: 31.93            | 100m:  | 1:05.87                   |  |  |                |
| 3.       | Rick Ermens           | 012900 | Helmondse Watervrienden   |  |  | <b>1:13.37</b> |
|          | 50m: 34.30            | 100m:  | 1:13.37                   |  |  |                |
| <b>H</b> |                       |        |                           |  |  |                |
| 1.       | Rik Hofland           | 972694 | Watervrienden IJmuiden    |  |  | <b>1:03.49</b> |
|          | 50m: 31.10            | 100m:  | 1:03.49                   |  |  |                |
| 2.       | Roel Rademaker        | 941384 | WV Almere                 |  |  | <b>1:05.69</b> |
|          | 50m: 31.66            | 100m:  | 1:05.69                   |  |  |                |
| 3.       | Jorn Blom             | 981442 | WV Lisse                  |  |  | <b>1:07.06</b> |
|          | 50m: 32.23            | 100m:  | 1:07.06                   |  |  |                |
| 4.       | Nicky Janse           | 992610 | Helmondse Watervrienden   |  |  | <b>1:08.36</b> |
|          | 50m: 32.73            | 100m:  | 1:08.36                   |  |  |                |
| 5.       | Jeroen Doensen        | 920753 | Helmondse Watervrienden   |  |  | <b>1:08.92</b> |
|          | 50m: 34.08            | 100m:  | 1:08.92                   |  |  |                |
| 6.       | Richard Doensen       | 951111 | Helmondse Watervrienden   |  |  | <b>1:12.62</b> |
|          | 50m: 35.19            | 100m:  | 1:12.62                   |  |  |                |



Programmanr. 14  
4-2-2024 - 15:24

Dames, 200m rugslag

F t/m H  
Resultaten

NCS Bondsrecord 2:23.40 Pauline Gouwens 20-12-2015

| Rang     |                       |       |        |         |                         |         | Tijd           |
|----------|-----------------------|-------|--------|---------|-------------------------|---------|----------------|
| <b>F</b> |                       |       |        |         |                         |         |                |
| 1.       | Suzanne van den Brink |       | 053921 |         | WV Almere               |         | <b>2:34.57</b> |
|          | 50m:                  | 35.68 | 100m:  | 1:13.97 | 150m:                   | 1:54.34 | 200m: 2:34.57  |
| 2.       | Pien de Haan          |       | 052839 |         | WV Almere               |         | <b>2:39.95</b> |
|          | 50m:                  | 37.26 | 100m:  | 1:17.36 | 200m: 2:39.95           |         |                |
| 3.       | Lizzy Langen          |       | 042917 |         | WV Born                 |         | <b>2:45.12</b> |
|          | 50m:                  | 38.02 | 100m:  | 1:19.81 | 200m: 2:45.12           |         |                |
| <b>G</b> |                       |       |        |         |                         |         |                |
| 1.       | Lara van Cuijk        |       | 022899 |         | Helmondse Watervrienden |         | <b>2:38.90</b> |
|          | 50m:                  | 36.12 | 100m:  | 1:16.03 | 150m:                   | 1:56.66 | 200m: 2:38.90  |
| 2.       | Manon Drenth          |       | 012948 |         | Apeldoornse WV          |         | <b>3:06.41</b> |
|          | 50m:                  | 43.32 | 100m:  | 1:28.82 | 200m: 3:06.41           |         |                |
| <b>H</b> |                       |       |        |         |                         |         |                |
| 1.       | Francis Gijsen        |       | 930864 |         | WV Born                 |         | <b>2:36.83</b> |
|          | 50m:                  | 35.33 | 100m:  | 1:14.26 | 150m:                   | 1:55.62 | 200m: 2:36.83  |
| 2.       | Michelle van Dijk     |       | 982239 |         | Helmondse Watervrienden |         | <b>2:45.10</b> |
|          | 50m:                  | 39.10 | 100m:  | 1:21.13 | 200m: 2:45.10           |         |                |
| 3.       | Angelique Husson      |       | 972061 |         | Tilburgse WV            |         | <b>3:03.23</b> |
|          | 50m:                  | 41.93 | 100m:  | 1:28.17 | 150m:                   | 2:16.58 | 200m: 3:03.23  |

Programmanr. 15  
4-2-2024 - 15:28

Jongens, 200m wisselslag

E  
Resultaten

NCS Bondsrecord 2:14.70 Lars Bottelier 12-5-2014

| Rang |                   |       |        |         |                           |  | Tijd           |
|------|-------------------|-------|--------|---------|---------------------------|--|----------------|
| 1.   | Luuk Hommen       |       | 073817 |         | WV Almere                 |  | <b>2:28.47</b> |
| 2.   | Milan Dekkers     |       | 073779 |         | WV Born                   |  | <b>2:43.22</b> |
|      | 50m:              | 35.28 | 200m:  | 2:43.22 |                           |  |                |
| 3.   | Marijn Tool       |       | 064033 |         | Pijnackerse Watervrienden |  | <b>2:51.80</b> |
|      | 50m:              | 34.86 | 200m:  | 2:51.80 |                           |  |                |
| 4.   | Luuk Akerboom     |       | 064169 |         | Haagse Watervrienden      |  | <b>2:57.08</b> |
|      | 50m:              | 33.32 | 200m:  | 2:57.08 |                           |  |                |
| 5.   | Ronin Broekhuijse |       | 074321 |         | Eindhovense WV            |  | <b>3:01.98</b> |
|      | 50m:              | 37.65 | 200m:  | 3:01.98 |                           |  |                |

Programmanr. 16  
4-2-2024 - 15:33

Meisjes, 100m wisselslag

E  
Resultaten

NCS Bondsrecord 1:08.30 Nomi Olivier 13-3-2016

| Rang |  |        |                           | Tijd           |
|------|--|--------|---------------------------|----------------|
| 1.   | Nomi Olivier<br><i>NCS Bondsrecord</i> | 074006 | WV Almere                 | <b>1:08.15</b> |
| 2.   | Maud van Zwiene                        | 074253 | Tilburgse WV              | <b>1:09.35</b> |
| 3.   | Manon Bouwer                           | 063544 | Pijnackerse Watervrienden | <b>1:11.90</b> |
| 4.   | Evy Knops                              | 073782 | WV Born                   | <b>1:14.42</b> |
| 5.   | Anna van Arkel                         | 074204 | WV Almere                 | <b>1:16.42</b> |
| 6.   | Floortje Nederlof                      | 063944 | Pijnackerse Watervrienden | <b>1:17.00</b> |
| 7.   | Isabella Denkers                       | 074211 | WV Almere                 | <b>1:17.26</b> |
| 8.   | Bieke Langen                           | 063521 | WV Born                   | <b>1:18.35</b> |
| 9.   | Bridget Veldhuisen                     | 063771 | WV Almere                 | <b>1:19.25</b> |
| 10.  | Juno Steinbusch                        | 073785 | WV Born                   | <b>1:19.29</b> |
| 11.  | Lieke van Bergen                       | 074843 | Helmondse Watervrienden   | <b>1:23.12</b> |
| 12.  | Maud Kerste                            | 074097 | Helmondse Watervrienden   | <b>1:25.03</b> |
| 13.  | Famke Toele                            | 064117 | WV Hoofddorp              | <b>1:26.58</b> |
| 14.  | Myrthe Boere                           | 074043 | Pijnackerse Watervrienden | <b>1:28.00</b> |
| 15.  | Lynn van der Loo                       | 064180 | Apeldoornse WV            | <b>1:29.85</b> |
| 16.  | Lara ten Broeke                        | 074665 | Pijnackerse Watervrienden | <b>1:31.24</b> |

Programmanr. 17  
4-2-2024 - 15:37

Jongens, 200m vrije slag

D  
Resultaten

NCS Bondsrecord 2:01.20 Lars Bottelier 16-12-2012

| Rang |                   |               |                           |               |  |  | Tijd           |
|------|-------------------|---------------|---------------------------|---------------|--|--|----------------|
| 1.   | Ario Mirza        | 083916        | WV Almere                 |               |  |  | <b>2:17.41</b> |
|      | 50m: 31.66        | 100m: 1:07.09 | 150m: 1:43.40             | 200m: 2:17.41 |  |  |                |
| 2.   | Tuur Strijkers    | 084468        | WV Born                   |               |  |  | <b>2:17.82</b> |
|      | 50m: 30.36        | 100m: 1:05.86 | 200m: 2:17.82             |               |  |  |                |
| 3.   | Bart Keijzer      | 083962        | Pijnackerse Watervrienden |               |  |  | <b>2:20.18</b> |
|      | 50m: 32.18        | 100m: 1:08.68 | 150m: 1:46.20             | 200m: 2:20.18 |  |  |                |
| 4.   | Donnie Cevat      | 094104        | WV Almere                 |               |  |  | <b>2:21.05</b> |
|      | 50m: 32.26        | 100m: 1:07.51 | 200m: 2:21.05             |               |  |  |                |
| 5.   | Stijn Krol        | 084653        | Apeldoornse WV            |               |  |  | <b>2:24.63</b> |
|      | 50m: 32.31        | 100m: 1:09.32 | 200m: 2:24.63             |               |  |  |                |
| 6.   | Bruno Wuisman     | 084410        | Eindhovense WV            |               |  |  | <b>2:26.63</b> |
|      | 50m: 32.16        | 100m: 1:09.75 | 200m: 2:26.63             |               |  |  |                |
| 7.   | Niels Woudenberg  | 094094        | Helmondse Watervrienden   |               |  |  | <b>2:27.44</b> |
|      | 50m: 32.98        | 100m: 1:10.81 | 200m: 2:27.44             |               |  |  |                |
| 8.   | Milan Peters      | 094228        | Helmondse Watervrienden   |               |  |  | <b>2:29.58</b> |
|      | 50m: 30.92        | 100m: 1:08.63 | 150m: 1:49.07             | 200m: 2:29.58 |  |  |                |
| 9.   | Ruben Shrestha    | 083974        | Eindhovense WV            |               |  |  | <b>2:30.89</b> |
|      | 50m: 32.70        | 100m: 1:09.81 | 150m: 1:50.72             | 200m: 2:30.89 |  |  |                |
| 10.  | Jens Kessens      | 084474        | watervrienden Haarlem     |               |  |  | <b>2:36.72</b> |
|      | 50m: 33.76        | 100m: 1:13.42 | 200m: 2:36.72             |               |  |  |                |
| 11.  | Mateusz Studencki | 094603        | Tilburgse WV              |               |  |  | <b>2:40.53</b> |
|      | 50m: 35.16        | 100m: 1:15.48 | 150m: 1:59.24             | 200m: 2:40.53 |  |  |                |
| 12.  | Timo Zwakenberg   | 094691        | watervrienden Haarlem     |               |  |  | <b>2:43.37</b> |
|      | 50m: 34.89        | 100m: 1:15.22 | 150m: 1:58.70             | 200m: 2:43.37 |  |  |                |

Programmanr. 18  
4-2-2024 - 15:44

Meisjes, 100m vrije slag

D  
Resultaten

NCS Bondsrecord 59.15 Nomi Olivier 16-4-2023

| Rang |                           |               |  |                                  | Tijd           |
|------|---------------------------|---------------|--|----------------------------------|----------------|
| 1.   | Fleur de Vette            |               |  | 084088 Pijnackerse Watervrienden | <b>1:04.91</b> |
|      | 50m: 31.12                | 100m: 1:04.91 |  |                                  |                |
| 2.   | Tess de Waard             |               |  | 094258 Watervrienden IJmuiden    | <b>1:07.50</b> |
|      | 50m: 31.91                | 100m: 1:07.50 |  |                                  |                |
| 3.   | Daniela Malipiero         |               |  | 094507 WV Almere                 | <b>1:08.02</b> |
|      | 50m: 32.01                | 100m: 1:08.02 |  |                                  |                |
| 4.   | Isabelle van Wuijtswinkel |               |  | 083977 Haagse Watervrienden      | <b>1:08.26</b> |
|      | 50m: 33.59                | 100m: 1:08.26 |  |                                  |                |
| 5.   | Esmée de Ruijter          |               |  | 094317 WV Lisse                  | <b>1:13.37</b> |
|      | 50m: 34.32                | 100m: 1:13.37 |  |                                  |                |
| 6.   | Elise Hofhuis             |               |  | 084421 WV Almere                 | <b>1:14.61</b> |
|      | 50m: 34.73                | 100m: 1:14.61 |  |                                  |                |
| 7.   | Lotte Brouwer             |               |  | 084318 WV Lisse                  | <b>1:15.45</b> |
|      | 50m: 35.65                | 100m: 1:15.45 |  |                                  |                |
| 8.   | Isabel Marcus             |               |  | 084508 WV Almere                 | <b>1:15.66</b> |
|      | 50m: 35.72                | 100m: 1:15.66 |  |                                  |                |
| 9.   | Amy Rodenburg             |               |  | 094417 WV Almere                 | <b>1:16.52</b> |
|      | 50m: 36.45                | 100m: 1:16.52 |  |                                  |                |
|      | Floor Emaus               |               |  | 094201 WV Born                   | <b>1:16.52</b> |
|      | 50m: 35.92                | 100m: 1:16.52 |  |                                  |                |
| 11.  | Isabel Poesiat            |               |  | 094712 Pijnackerse Watervrienden | <b>1:18.22</b> |
|      | 50m: 36.58                | 100m: 1:18.22 |  |                                  |                |
| 12.  | Myrte Steggink            |               |  | 084294 WV Hoofddorp              | <b>1:18.29</b> |
|      | 50m: 37.39                | 100m: 1:18.29 |  |                                  |                |
| 13.  | Loena Stassen             |               |  | 084202 WV Born                   | <b>1:18.45</b> |
|      | 50m: 36.72                | 100m: 1:18.45 |  |                                  |                |
| 14.  | Iris Verschuren           |               |  | 094723 Helmondse Watervrienden   | <b>1:19.63</b> |
|      | 50m: 38.42                | 100m: 1:19.63 |  |                                  |                |
| 15.  | Maura van Kooten          |               |  | 083737 Apeldoornse WV            | <b>1:19.67</b> |
|      | 50m: 37.40                | 100m: 1:19.67 |  |                                  |                |
| 16.  | Francis van Meurs         |               |  | 094816 Eindhovense WV            | <b>1:21.41</b> |
|      | 50m: 36.20                | 100m: 1:21.41 |  |                                  |                |

Programmanr. 19  
4-2-2024 - 16:03

Heren, 100m wisselslag

F t/m H  
Resultaten

NCS Bondsrecord 59.80 Emile Manni 21-4-2013

| Rang |                     |  |  |                                  | Tijd           |
|------|---------------------|--|--|----------------------------------|----------------|
| F    |                     |  |  |                                  |                |
| 1.   | Lars van Wingerden  |  |  | 042820 WV Almere                 | <b>1:03.03</b> |
| 2.   | Bart de Waard       |  |  | 043280 WV Almere                 | <b>1:03.61</b> |
| 3.   | Valentino Schuurman |  |  | 033447 WV Almere                 | <b>1:03.81</b> |
| 4.   | Nikola Djapic       |  |  | 043488 Pijnackerse Watervrienden | <b>1:09.72</b> |
| 5.   | Cas Baltés          |  |  | 043667 Apeldoornse WV            | <b>1:10.44</b> |

Programmanr. 19, Heren, 100m wisselslag

G

|    |                       |        |                           |                |
|----|-----------------------|--------|---------------------------|----------------|
| 1. | Maik Bouwer           | 022881 | Pijnackerse Watervrienden | <b>1:06.30</b> |
| 2. | Xander Janse          | 012611 | Helmondse Watervrienden   | <b>1:06.64</b> |
| 3. | Rick Ermens           | 012900 | Helmondse Watervrienden   | <b>1:10.39</b> |
| 4. | Remco Naudin ten Cate | 012355 | Apeldoornse WV            | <b>1:12.57</b> |

H

|    |                |        |                         |                |
|----|----------------|--------|-------------------------|----------------|
| 1. | Rik Hofland    | 972694 | Watervrienden IJmuiden  | <b>1:00.71</b> |
| 2. | Roel Rademaker | 941384 | WV Almere               | <b>1:06.09</b> |
| 3. | Jan Vriens     | 880400 | Helmondse Watervrienden | <b>1:06.55</b> |

Programmanr. 20  
4-2-2024 - 16:07

Dames, 200m wisselslag

F t/m H  
Resultaten

|                 |         |                   |            |
|-----------------|---------|-------------------|------------|
| NCS Bondsrecord | 2:25.01 | Stephanie Rombout | 13-11-2011 |
|-----------------|---------|-------------------|------------|

Rang Tijd

F

|    |                          |        |                           |                |
|----|--------------------------|--------|---------------------------|----------------|
| 1. | Jennifer Veldhuisen      | 053088 | WV Almere                 | <b>2:36.85</b> |
|    | 50m: 32.66 200m: 2:36.85 |        |                           |                |
| 2. | Sydney Celie             | 042689 | WV Almere                 | <b>2:40.53</b> |
|    | 50m: 34.31 200m: 2:40.53 |        |                           |                |
| 3. | Pien de Haan             | 052839 | WV Almere                 | <b>2:43.74</b> |
|    | 50m: 36.97 200m: 2:43.74 |        |                           |                |
| 4. | Lizzy Langen             | 042917 | WV Born                   | <b>2:44.06</b> |
|    | 50m: 34.03 200m: 2:44.06 |        |                           |                |
| 5. | Britt ter Horst          | 034946 | Haagse Watervrienden      | <b>2:50.48</b> |
|    | 50m: 35.48 200m: 2:50.48 |        |                           |                |
| 6. | Miruna Delfgou           | 052961 | Eindhovense WV            | <b>2:51.87</b> |
|    | 50m: 35.07 200m: 2:51.87 |        |                           |                |
| 7. | Isabel de Vette          | 044047 | Pijnackerse Watervrienden | <b>3:04.52</b> |
|    | 50m: 41.30 200m: 3:04.52 |        |                           |                |

G

|    |                          |        |                         |                |
|----|--------------------------|--------|-------------------------|----------------|
| 1. | Naomi Veldhuisen         | 012837 | WV Almere               | <b>2:42.84</b> |
|    | 50m: 33.54 200m: 2:42.84 |        |                         |                |
| 2. | Lara van Cuijk           | 022899 | Helmondse Watervrienden | <b>2:44.34</b> |
|    | 50m: 36.31 200m: 2:44.34 |        |                         |                |
| 3. | Lysanne Thielen          | 022616 | Helmondse Watervrienden | <b>2:44.35</b> |
|    | 50m: 33.53 200m: 2:44.35 |        |                         |                |
| 4. | Mandy Boetzkes           | 023132 | Helmondse Watervrienden | <b>3:09.53</b> |
|    | 50m: 42.11 200m: 3:09.53 |        |                         |                |
| 5. | Manon Drenth             | 012948 | Apeldoornse WV          | <b>3:12.90</b> |
|    | 50m: 45.67 200m: 3:12.90 |        |                         |                |

H

|    |                          |        |              |                |
|----|--------------------------|--------|--------------|----------------|
| 1. | Francis Gijsen           | 930864 | WV Born      | <b>2:43.66</b> |
|    | 50m: 34.52 200m: 2:43.66 |        |              |                |
| 2. | Angelique Husson         | 972061 | Tilburgse WV | <b>3:03.09</b> |
|    | 50m: 39.95 200m: 3:03.09 |        |              |                |

Programmanr. 20, Dames, 200m wisselslag, H

| Rang |               |               |          |  | Tijd           |
|------|---------------|---------------|----------|--|----------------|
| 3.   | Angela Cozijn | 981989        | WV Lisse |  | <b>3:10.37</b> |
|      | 50m: 42.34    | 200m: 3:10.37 |          |  |                |

Programmanr. 21  
4-2-2024 - 16:14

Jongens, 200m rugslag

E  
Resultaten

|                 |         |                  |            |
|-----------------|---------|------------------|------------|
| NCS Bondsrecord | 2:16.50 | Robin Schuchmann | 14-11-2010 |
|-----------------|---------|------------------|------------|

| Rang |                 |               |                           |               | Tijd           |
|------|-----------------|---------------|---------------------------|---------------|----------------|
| 1.   | Micha Lindenaar | 063999        | WV Almere                 |               | <b>2:35.43</b> |
|      | 50m: 36.49      | 100m: 1:14.73 | 200m: 2:35.43             |               |                |
| 2.   | Michael Kroese  | 073816        | WV Almere                 |               | <b>2:41.56</b> |
|      | 50m: 37.38      | 100m: 1:17.46 | 200m: 2:41.56             |               |                |
| 3.   | Marijn Tool     | 064033        | Pijnackerse Watervrienden |               | <b>2:49.09</b> |
|      | 50m: 39.25      | 100m: 1:23.03 | 200m: 2:49.09             |               |                |
| 4.   | Luuk Akerboom   | 064169        | Haagse Watervrienden      |               | <b>3:27.48</b> |
|      | 50m: 50.35      | 100m: 1:42.62 | 150m: 2:36.09             | 200m: 3:27.48 |                |

Programmanr. 22  
4-2-2024 - 16:19

Meisjes, 100m rugslag

E  
Resultaten

|                 |         |              |            |
|-----------------|---------|--------------|------------|
| NCS Bondsrecord | 1:08.07 | Manon Bouwer | 28-10-2023 |
|-----------------|---------|--------------|------------|

| Rang |                        |               |                           |  | Tijd           |
|------|------------------------|---------------|---------------------------|--|----------------|
| 1.   | Manon Bouwer           | 063544        | Pijnackerse Watervrienden |  | <b>1:07.68</b> |
|      | <i>NCS Bondsrecord</i> |               |                           |  |                |
|      | 50m: 32.96             | 100m: 1:07.68 |                           |  |                |
| 2.   | Inger van Oord         | 074784        | Watervrienden IJmuiden    |  | <b>1:11.93</b> |
|      | 50m: 34.52             | 100m: 1:11.93 |                           |  |                |
| 3.   | Isabella Denkers       | 074211        | WV Almere                 |  | <b>1:12.51</b> |
|      | 50m: 34.99             | 100m: 1:12.51 |                           |  |                |
| 4.   | Floortje Nederlof      | 063944        | Pijnackerse Watervrienden |  | <b>1:15.01</b> |
|      | 50m: 36.54             | 100m: 1:15.01 |                           |  |                |
| 5.   | Juno Steinbusch        | 073785        | WV Born                   |  | <b>1:22.46</b> |
|      | 50m: 39.68             | 100m: 1:22.46 |                           |  |                |
| 6.   | Maud Kerste            | 074097        | Helmondse Watervrienden   |  | <b>1:24.89</b> |
|      | 50m: 41.90             | 100m: 1:24.89 |                           |  |                |
| 7.   | Myrthe Boere           | 074043        | Pijnackerse Watervrienden |  | <b>1:27.02</b> |
|      | 50m: 43.02             | 100m: 1:27.02 |                           |  |                |
| 8.   | Lynn van der Loo       | 064180        | Apeldoornse WV            |  | <b>1:27.27</b> |
|      | 50m: 42.11             | 100m: 1:27.27 |                           |  |                |
| 9.   | Inge Vogels            | 074930        | Helmondse Watervrienden   |  | <b>1:27.73</b> |
|      | 50m: 43.36             | 100m: 1:27.73 |                           |  |                |
| 10.  | Annemarie Tool         | 074285        | Pijnackerse Watervrienden |  | <b>1:30.72</b> |
|      | 50m: 44.03             | 100m: 1:30.72 |                           |  |                |
| 11.  | Lara ten Broeke        | 074665        | Pijnackerse Watervrienden |  | <b>1:32.45</b> |
|      | 50m: 45.02             | 100m: 1:32.45 |                           |  |                |

Programmanr. 23 Jongens, 100m vlinderslag D  
4-2-2024 - 16:23 Resultaten

NCS Bondsrecord 1:00.50 Mike Tjepkema 10-4-2022

| Rang |                   |               |  |                                | Tijd           |
|------|-------------------|---------------|--|--------------------------------|----------------|
| 1.   | Niels Woudenberg  |               |  | 094094 Helmondse Watervrienden | <b>1:13.44</b> |
|      | 50m: 32.29        | 100m: 1:13.44 |  |                                |                |
| 2.   | Ario Mirza        |               |  | 083916 WV Almere               | <b>1:13.91</b> |
|      | 50m: 33.64        | 100m: 1:13.91 |  |                                |                |
| 3.   | Tuur Strijkers    |               |  | 084468 WV Born                 | <b>1:17.81</b> |
|      | 50m: 34.32        | 100m: 1:17.81 |  |                                |                |
| 4.   | Stijn Krol        |               |  | 084653 Apeldoornse WV          | <b>1:18.12</b> |
|      | 50m: 35.87        | 100m: 1:18.12 |  |                                |                |
| 5.   | Donnie Cevat      |               |  | 094104 WV Almere               | <b>1:18.44</b> |
|      | 50m: 34.73        | 100m: 1:18.44 |  |                                |                |
| 6.   | Bruno Wuisman     |               |  | 084410 Eindhovense WV          | <b>1:19.92</b> |
|      | 50m: 35.87        | 100m: 1:19.92 |  |                                |                |
| 7.   | Mateusz Studencki |               |  | 094603 Tilburgse WV            | <b>1:27.72</b> |
|      | 50m: 38.24        | 100m: 1:27.72 |  |                                |                |
| 8.   | Dylano van Rijn   |               |  | 094346 Eindhovense WV          | <b>1:27.77</b> |
|      | 50m: 38.61        | 100m: 1:27.77 |  |                                |                |

Programmanr. 24 Meisjes, 200m vlinderslag D  
4-2-2024 - 16:25 Resultaten

NCS Bondsrecord 2:35.20 Nomi Olivier 16-4-2023

| Rang |                |               |               |                                  |  |  | Tijd           |
|------|----------------|---------------|---------------|----------------------------------|--|--|----------------|
| 1.   | Fleur de Vette |               |               | 084088 Pijnackerse Watervrienden |  |  | <b>2:58.62</b> |
|      | 50m: 37.11     | 100m: 1:22.20 | 200m: 2:58.62 |                                  |  |  |                |
| 2.   | Amy Rodenburg  |               |               | 094417 WV Almere                 |  |  | <b>3:41.50</b> |
|      | 50m: 48.47     | 100m: 1:45.31 | 150m: 2:42.78 | 200m: 3:41.50                    |  |  |                |

Programmanr. 25 Heren, 200m vlinderslag F t/m H  
4-2-2024 - 16:45 Resultaten

NCS Bondsrecord 2:10.70 Tjarco Koppenaar 17-5-2009

| Rang |  |               |               |                                  |  |  | Tijd           |
|------|--|---------------|---------------|----------------------------------|--|--|----------------|
| F    |  |               |               |                                  |  |  |                |
| 1.   | Valentino Schuurman  |               |               | 033447 WV Almere                 |  |  | <b>2:29.67</b> |
|      | 50m: 30.99   | 100m: 1:07.43 | 150m: 1:47.54 | 200m: 2:29.67                    |  |  |                |
| DIS  | Jeroen Langenveld  |               |               | 053514 WV Born                   |  |  | <b>2:53.61</b> |
|      | <i>VH - Niet met 2 handen gelijktijdig keer- en/of eindpunt aangetikt.</i> |               |               |                                  |  |  |                |
|      | 50m: 35.04   | 100m: 1:15.84 | 150m: 2:00.24 | 200m: 2:53.61                    |  |  |                |
| G    |  |               |               |                                  |  |  |                |
| 1.   | Maik Bouwer  |               |               | 022881 Pijnackerse Watervrienden |  |  | <b>2:32.29</b> |
|      | 50m: 33.99   | 100m: 1:12.10 | 200m: 2:32.29 |                                  |  |  |                |

Programmanr. 25, Heren, 200m vlinderslag

| H  |             |       |       |         |                         |         |                |
|----|-------------|-------|-------|---------|-------------------------|---------|----------------|
| 1. | Nicky Janse |       |       | 992610  | Helmondse Watervrienden |         | <b>2:37.33</b> |
|    | 50m:        | 32.57 | 100m: | 1:12.41 | 150m:                   | 1:55.49 | 200m: 2:37.33  |
| 2. | Jan Vriens  |       |       | 880400  | Helmondse Watervrienden |         | <b>2:37.48</b> |
|    | 50m:        | 31.99 | 100m: | 1:12.18 | 200m:                   | 2:37.48 |                |

Programmanr. 26  
4-2-2024 - 16:49

Dames, 100m vlinderslag

F t/m H  
Resultaten

|                 |         |                 |          |
|-----------------|---------|-----------------|----------|
| NCS Bondsrecord | 1:02.40 | Pauline Gouwens | 8-3-2015 |
|-----------------|---------|-----------------|----------|

| Rang |                       |       |       |         | Tijd           |                |
|------|-----------------------|-------|-------|---------|----------------|----------------|
| F    |                       |       |       |         |                |                |
| 1.   | Jennifer Veldhuisen   |       |       | 053088  | WV Almere      | <b>1:09.45</b> |
|      | 50m:                  | 32.69 | 100m: | 1:09.45 |                |                |
| 2.   | Suzanne van den Brink |       |       | 053921  | WV Almere      | <b>1:13.82</b> |
|      | 50m:                  | 33.33 | 100m: | 1:13.82 |                |                |
| 3.   | Lizzy Langen          |       |       | 042917  | WV Born        | <b>1:15.74</b> |
|      | 50m:                  | 34.62 | 100m: | 1:15.74 |                |                |
| 4.   | Miruna Delfgou        |       |       | 052961  | Eindhovense WV | <b>1:24.46</b> |
|      | 50m:                  | 37.84 | 100m: | 1:24.46 |                |                |

| G  |                   |       |       |         |                         |                |
|----|-------------------|-------|-------|---------|-------------------------|----------------|
| 1. | Naomi Veldhuisen  |       |       | 012837  | WV Almere               | <b>1:14.79</b> |
|    | 50m:              | 34.27 | 100m: | 1:14.79 |                         |                |
| 2. | Lysanne Thielen   |       |       | 022616  | Helmondse Watervrienden | <b>1:15.39</b> |
|    | 50m:              | 33.93 | 100m: | 1:15.39 |                         |                |
|    | Loes Kolenberg    |       |       | 012615  | WV Almere               | <b>1:15.39</b> |
|    | 50m:              | 34.44 | 100m: | 1:15.39 |                         |                |
| 4. | Denise Veldhuisen |       |       | 002838  | WV Almere               | <b>1:19.60</b> |
|    | 50m:              | 34.42 | 100m: | 1:19.60 |                         |                |

| H  |                     |       |       |         |                         |                |
|----|---------------------|-------|-------|---------|-------------------------|----------------|
| 1. | Michelle van Dijk   |       |       | 982239  | Helmondse Watervrienden | <b>1:16.23</b> |
|    | 50m:                | 35.07 | 100m: | 1:16.23 |                         |                |
| 2. | Judith van Kemenade |       |       | 910571  | Eindhovense WV          | <b>1:23.75</b> |
|    | 50m:                | 37.67 | 100m: | 1:23.75 |                         |                |
| 3. | Angelique Husson    |       |       | 972061  | Tilburgse WV            | <b>1:29.42</b> |
|    | 50m:                | 40.60 | 100m: | 1:29.42 |                         |                |

Programmanr. 27  
4-2-2024 - 16:53

Jongens, 100m vrije slag

E  
Resultaten

NCS Bondsrecord 54.10 Chester Hautvast 8-11-2009

| Rang |                   |               |  |        | Tijd                   |                |
|------|-------------------|---------------|--|--------|------------------------|----------------|
| 1.   | Mike Tjepkema     |               |  | 063930 | Watervrienden IJmuiden | <b>55.05</b>   |
|      | 50m: 26.13        | 100m: 55.05   |  |        |                        |                |
| 2.   | Luuk Hommen       |               |  | 073817 | WV Almere              | <b>59.42</b>   |
|      | 50m: 28.07        | 100m: 59.42   |  |        |                        |                |
| 3.   | Micha Lindenaar   |               |  | 063999 | WV Almere              | <b>1:01.36</b> |
|      | 50m: 29.09        | 100m: 1:01.36 |  |        |                        |                |
| 4.   | Damian Bas        |               |  | 063513 | WV Born                | <b>1:06.33</b> |
|      | 50m: 30.07        | 100m: 1:06.33 |  |        |                        |                |
| 5.   | Luuk Akerboom     |               |  | 064169 | Haagse Watervrienden   | <b>1:10.11</b> |
|      | 50m: 33.25        | 100m: 1:10.11 |  |        |                        |                |
| 6.   | Ronin Broekhuijse |               |  | 074321 | Eindhovense WV         | <b>1:10.68</b> |
|      | 50m: 33.58        | 100m: 1:10.68 |  |        |                        |                |

Programmanr. 28  
4-2-2024 - 16:55

Meisjes, 200m vrije slag

E  
Resultaten

NCS Bondsrecord 2:11.59 Nomi Olivier 14-1-2024

| Rang |                    |               |               |               | Tijd                      |                |
|------|--------------------|---------------|---------------|---------------|---------------------------|----------------|
| 1.   | Inger van Oord     |               |               | 074784        | Watervrienden IJmuiden    | <b>2:16.26</b> |
|      | 50m: 31.38         | 100m: 1:05.94 | 200m: 2:16.26 |               |                           |                |
| 2.   | Maud van Zwiene    |               |               | 074253        | Tilburgse WV              | <b>2:16.35</b> |
|      | 50m: 31.60         | 100m: 1:06.25 | 150m: 1:42.39 | 200m: 2:16.35 |                           |                |
| 3.   | Evy Knops          |               |               | 073782        | WV Born                   | <b>2:21.97</b> |
|      | 50m: 33.26         | 100m: 1:09.39 | 150m: 1:46.01 | 200m: 2:21.97 |                           |                |
| 4.   | Isabella Denkers   |               |               | 074211        | WV Almere                 | <b>2:28.85</b> |
|      | 50m: 34.33         | 100m: 1:12.76 | 200m: 2:28.85 |               |                           |                |
| 5.   | Anna van Arkel     |               |               | 074204        | WV Almere                 | <b>2:29.35</b> |
|      | 50m: 34.46         | 100m: 1:14.60 | 200m: 2:29.35 |               |                           |                |
| 6.   | Floortje Nederlof  |               |               | 063944        | Pijnackerse Watervrienden | <b>2:30.50</b> |
|      | 50m: 33.74         | 100m: 1:11.78 | 200m: 2:30.50 |               |                           |                |
| 7.   | Bridget Veldhuisen |               |               | 063771        | WV Almere                 | <b>2:33.05</b> |
|      | 50m: 33.94         | 100m: 1:12.78 | 150m: 1:53.82 | 200m: 2:33.05 |                           |                |
| 8.   | Bieke Langen       |               |               | 063521        | WV Born                   | <b>2:33.74</b> |
|      | 50m: 34.11         | 100m: 1:12.48 | 150m: 1:53.28 | 200m: 2:33.74 |                           |                |
| 9.   | Inge Vogels        |               |               | 074930        | Helmondse Watervrienden   | <b>2:40.61</b> |
|      | 50m: 36.73         | 100m: 1:17.87 | 200m: 2:40.61 |               |                           |                |
| 10.  | Famke Toele        |               |               | 064117        | WV Hoofddorp              | <b>2:41.35</b> |
|      | 50m: 36.71         | 100m: 1:18.51 | 150m: 2:01.29 | 200m: 2:41.35 |                           |                |
| 11.  | Esmee Drenth       |               |               | 073928        | Apeldoornse WV            | <b>2:44.63</b> |
|      | 50m: 36.53         | 100m: 1:18.09 | 200m: 2:44.63 |               |                           |                |
| 12.  | Maud Kerste        |               |               | 074097        | Helmondse Watervrienden   | <b>2:45.89</b> |
|      | 50m: 38.24         | 100m: 1:21.58 | 150m: 2:05.38 | 200m: 2:45.89 |                           |                |
| 13.  | Lara ten Broeke    |               |               | 074665        | Pijnackerse Watervrienden | <b>2:51.48</b> |
|      | 50m: 38.61         | 100m: 1:21.78 | 200m: 2:51.48 |               |                           |                |
| 14.  | Myrthe Boere       |               |               | 074043        | Pijnackerse Watervrienden | <b>2:59.10</b> |
|      | 50m: 39.18         | 100m: 1:24.69 | 150m: 2:12.60 | 200m: 2:59.10 |                           |                |



Programmanr. 29  
4-2-2024 - 17:02

Jongens, 200m schoolslag

D  
Resultaten

NCS Bondsrecord 2:42.30 Maarten Versteeg 1-1-1995

| Rang |                 |               |               |                                  | Tijd           |
|------|-----------------|---------------|---------------|----------------------------------|----------------|
| 1.   | Bart Keijzer    |               |               | 083962 Pijnackerse Watervrienden | <b>3:03.21</b> |
|      | 50m: 40.94      | 100m: 1:27.94 | 200m: 3:03.21 |                                  |                |
| 2.   | Ruben Shrestha  |               |               | 083974 Eindhovense WV            | <b>3:10.26</b> |
|      | 50m: 41.68      | 100m: 1:30.59 | 150m: 2:21.68 | 200m: 3:10.26                    |                |
| 3.   | Donnie Cevat    |               |               | 094104 WV Almere                 | <b>3:10.82</b> |
|      | 50m: 42.01      | 100m: 1:29.79 | 150m: 2:20.74 | 200m: 3:10.82                    |                |
| 4.   | Jens Kessens    |               |               | 084474 watervrienden Haarlem     | <b>3:12.73</b> |
|      | 50m: 42.49      | 100m: 1:31.98 | 150m: 2:22.50 | 200m: 3:12.73                    |                |
| 5.   | Andrei Delfgou  |               |               | 084056 Eindhovense WV            | <b>3:13.38</b> |
|      | 50m: 42.08      | 100m: 1:30.46 | 200m: 3:13.38 |                                  |                |
| 6.   | Timo Zwakenberg |               |               | 094691 watervrienden Haarlem     | <b>3:22.26</b> |
|      | 50m: 44.54      | 100m: 1:35.68 | 200m: 3:22.26 |                                  |                |
| 7.   | Niels Oldriks   |               |               | 094544 Pijnackerse Watervrienden | <b>3:49.17</b> |
|      | 50m: 49.54      | 100m: 1:47.89 | 150m: 2:48.34 | 200m: 3:49.17                    |                |

Programmanr. 30  
4-2-2024 - 17:07

Meisjes, 100m schoolslag

D  
Resultaten

NCS Bondsrecord 1:20.30 Tamarah Zegeling 9-3-2003

| Rang |                           |               |  |                                  | Tijd           |
|------|---------------------------|---------------|--|----------------------------------|----------------|
| 1.   | Isabel Marcus             |               |  | 084508 WV Almere                 | <b>1:28.75</b> |
|      | 50m: 42.31                | 100m: 1:28.75 |  |                                  |                |
| 2.   | Daniela Malipiero         |               |  | 094507 WV Almere                 | <b>1:30.44</b> |
|      | 50m: 41.90                | 100m: 1:30.44 |  |                                  |                |
| 3.   | Esmée de Ruijter          |               |  | 094317 WV Lisse                  | <b>1:34.05</b> |
|      | 50m: 43.96                | 100m: 1:34.05 |  |                                  |                |
| 4.   | Elise Hofhuis             |               |  | 084421 WV Almere                 | <b>1:36.41</b> |
|      | 50m: 45.53                | 100m: 1:36.41 |  |                                  |                |
| 5.   | Myrte Steggink            |               |  | 084294 WV Hoofddorp              | <b>1:36.67</b> |
|      | 50m: 44.59                | 100m: 1:36.67 |  |                                  |                |
| 6.   | Isabel Poesiat            |               |  | 094712 Pijnackerse Watervrienden | <b>1:38.75</b> |
|      | 50m: 46.29                | 100m: 1:38.75 |  |                                  |                |
| 7.   | Aoife McMahon             |               |  | 094276 Pijnackerse Watervrienden | <b>1:38.85</b> |
|      | 50m: 45.79                | 100m: 1:38.85 |  |                                  |                |
| 8.   | Floor Emaus               |               |  | 094201 WV Born                   | <b>1:40.57</b> |
|      | 50m: 46.23                | 100m: 1:40.57 |  |                                  |                |
| 9.   | Maura van Kooten          |               |  | 083737 Apeldoornse WV            | <b>1:42.43</b> |
|      | 50m: 48.32                | 100m: 1:42.43 |  |                                  |                |
| 10.  | Anne Hofhuis              |               |  | 094418 WV Almere                 | <b>1:43.07</b> |
|      | 50m: 48.60                | 100m: 1:43.07 |  |                                  |                |
| 11.  | Iris Verschuren           |               |  | 094723 Helmondse Watervrienden   | <b>1:44.71</b> |
|      | 50m: 49.57                | 100m: 1:44.71 |  |                                  |                |
| 12.  | Isabelle van Wuijtswinkel |               |  | 083977 Haagse Watervrienden      | <b>1:45.46</b> |
|      | 50m: 49.76                | 100m: 1:45.46 |  |                                  |                |
| 13.  | Lotte Brouwer             |               |  | 084318 WV Lisse                  | <b>1:46.12</b> |
|      | 50m: 49.31                | 100m: 1:46.12 |  |                                  |                |

Programmanr. 31  
4-2-2024 - 17:27

Heren, 4 x 100m vrije slag

D t/m H  
Resultaten

| Rang |                             |    |       |         | Tijd                  |
|------|-----------------------------|----|-------|---------|-----------------------|
| 1.   | WV Almere                   |    |       |         | <b>3:51.76</b>        |
|      | Luuk Hommen                 | 07 | 27.92 | 58.66   | Lars van Wingerden 04 |
|      | Micha Lindenaar             | 06 |       |         | Roel Rademaker 94     |
| 2.   | Helmondse Watervrienden 1   |    |       |         | <b>3:59.07</b>        |
|      | Rick Ermens                 | 01 | 28.41 | 1:01.92 | Jan Vriens 88         |
|      | Nicky Janse                 | 99 |       |         | Xander Janse 01       |
| 3.   | WV Born 1                   |    |       |         | <b>4:04.45</b>        |
|      | Tuur Strijkers              | 08 |       | 1:03.72 | Yorn Maassen 05       |
|      | Jeroen Langenveld           | 05 |       |         | Danny Koumans 99      |
| 4.   | Pijnackerse Watervrienden 1 |    |       |         | <b>4:08.13</b>        |
|      | Marijn Tool                 | 06 | 30.75 | 1:06.01 | Maik Bouwer 02        |
|      | Nikola Djapic               | 04 |       |         | Bart Keijzer 08       |
| 5.   | Helmondse Watervrienden 2   |    |       |         | <b>4:10.40</b>        |
|      | Richard Doensen             | 95 | 29.72 | 1:04.74 | Niels Woudenberg 09   |
|      | Milan Peters                | 09 |       |         | Jeroen Doensen 92     |
| 6.   | Eindhovense WV 1            |    |       |         | <b>4:29.00</b>        |
|      | Ronin Broekhuijse           | 07 |       | 1:10.27 | Bruno Wuisman 08      |
|      | Ruben Shrestha              | 08 |       |         | Nazar Bachynskyy 99   |

Programmanr. 32  
4-2-2024 - 17:32

Dames, 4 x 100m wisselslag

D t/m H  
Resultaten

| Rang |                             |    |       |         | Tijd                   |
|------|-----------------------------|----|-------|---------|------------------------|
| 1.   | WV Almere 1                 |    |       |         | <b>4:43.29</b>         |
|      | Suzanne van den Brink       | 05 | 34.24 | 1:10.36 | Jennifer Veldhuisen 05 |
|      | Pien de Haan                | 05 |       |         | Nomi Olivier 07        |
| 2.   | WV Almere 2                 |    |       |         | <b>4:58.15</b>         |
|      | Loes Kolenberg              | 01 |       | 1:17.75 | Naomi Veldhuisen 01    |
|      | Sydney Celie                | 04 |       |         | Denise Veldhuisen 00   |
| 3.   | Helmondse Watervrienden 1   |    |       |         | <b>5:02.53</b>         |
|      | Lysanne Thielen             | 02 | 34.37 | 1:12.08 | Michelle van Dijk 98   |
|      | Lara van Cuijk              | 02 |       |         | Mandy Boetzkes 02      |
| 4.   | WV Born 1                   |    |       |         | <b>5:05.93</b>         |
|      | Francis Gijsen              | 93 | 34.39 | 1:11.41 | Evy Knops 07           |
|      | Juno Steinbusch             | 07 |       |         | Bieke Langen 06        |
| 5.   | Pijnackerse Watervrienden 1 |    |       |         | <b>5:09.12</b>         |
|      | Manon Bouwer                | 06 | 33.12 | 1:08.14 | Fleur de Vette 08      |
|      | Isabel de Vette             | 04 |       |         | Floortje Nederlof 06   |
| 6.   | WV Almere 3                 |    |       |         | <b>5:25.89</b>         |
|      | Elise Hofhuis               | 08 |       | 1:21.42 | Anna van Arkel 07      |
|      | Isabel Marcus               | 08 |       |         | Bridget Veldhuisen 06  |
| 7.   | Helmondse Watervrienden 2   |    |       |         | <b>5:56.93</b>         |
|      | Iris Verschuren             | 09 | 45.93 | 1:32.03 | Inge Vogels 07         |
|      | Vianne van der Heijde       | 04 |       |         | Maud Kerste 07         |
| 8.   | Pijnackerse Watervrienden 2 |    |       |         | <b>6:15.08</b>         |
|      | Isabel Poesiat              | 09 | 42.37 | 1:29.95 | Lara ten Broeke 07     |
|      | Aoife McMahon               | 09 |       |         | Annemarie Tool 07      |